

International Lifeguard Training Program™ (ILTP™)

Designed to Meet All Your Water Safety Needs

- Empower your lifeguard team with the industry's best skills and professionalism.
- Assure that your lifeguards are trained with state-of-the-industry rescue skills and procedures.
- Equip your lifeguards with state-of-the-art rescue technology.
- Ensure that your lifeguards receive the most comprehensive lifeguard training program available today.
- Learn why E&A is retained by 90% of U.S. waterparks and why our training is consistently rated highest quality by third parties.

What Makes Our Program Unique?

Realistic scenarios and simulations. We believe that lifeguard rescue skills are best learned in the water, under the watchful eye of an ILTP™ Instructor. Students work with mannequins to gain understanding of the dynamics of the human body. However, once students gain competency in basic skills, they apply them to real-life simulated incidents. We teach based on realistic scenarios with real people role-playing as Guests In Distress (GID).

Experiential Training Concept: Experiential education is a process of learning through action. The ILTP™ Program applies the philosophy and methodology in which ILTP™ Instructors purposefully engage with lifeguard candidates in direct experience and focused reflection in order to increase knowledge, develop skills and clarify values.

“Make it Work” philosophy: Our curriculum and philosophy stress that “textbook-perfect” rescues seldom occur in real life. What is more important is for lifeguards to problem-solve to overcome adverse situations that might arise during a rescue effort.

Program Features

- Skills training that far exceeds industry standards
- Proactive, accountability-based approach
- Training that integrates into one curriculum and tests a complete range of state-of-the-art rescue technology, including:
First Aid • CPR for Professional Rescuers • Emergency Oxygen Support • Automated External Defibrillation

Benefits to You

- Superior lifeguard performance
- Lifeguards able to protect both themselves and your guests
- Staff with highly professional attitudes and confidence
- Lifeguards trained to recognize a problem early and resolve it quickly, before it becomes more serious
- Staff trained to minimize risks
- Staff fully ready to execute effective emergency response that is safe for both the rescuer and the distressed guest
- Annual re-training assures lifeguard accountability and ensures skills stay current and test ready
- The E&A Comprehensive Aquatic Risk Management Program is updated annually based upon the results of our extensive base of statistics for accidents, incidents, and rescues from more than 1,200 swimming pools and 150 waterparks nationwide

E&A client lifeguards receive an E&A license and are accountable to the 10/20 protection standard, test ready skill levels and a 20/20 vision standard. Licenses are revocable if license terms/conditions not adhered to.

ILTP™ course completion cards are not accountable to proactive standards and are not revocable.

